### Sam Hauck, St. Olaf

Week of: 2005-11-02

St. Olaf College senior Sam Hauck (Shoreview, Minn./Concordia Academy) claimed the MIAC individual title racing a 25:50 over the 8K course at Como Park Golf Course in St. Paul. He led the Oles to a third place finish in the MIAC Championships.

# Darren Larsen, Saint John's

Week of: 2005-10-19

Saint John's University junior Darren Larsen (Alexandria, Minn.) finished in second place with a time of 26:26 at the Fall Freeze Invitational, hosted by UW-Superior this Saturday. Larsen led the Johnnies to a first place finish at the event.

#### **Steve Harris, Carleton**

Week of: 2005-10-12

Carleton College senior Steve Harris (Roseville, Minn.) placed second in the Dan Huston Invitational at Wartburg College. Harris finished in a time of 25:42 in the eight-kilometer event on October 8th, leading the Knights to a second place finish.

### Sam Hauck, St. Olaf

Week of: 2005-10-05

St. Olaf College senior Sam Hauck (Shoreview, Minn./Concordia Academy) led the Oles to a 3rd place team finish at the BluGold Cross Country Inviational this weekend with his time of 25:40 over the 8K distance. Hauck's time was good for second overall in the race.

### Travis Bristow, Hamline

Week of: 2005-09-28

Hamline University junior Travis Bristow (Pine River, Minn./Pine River-Backus) led the Pipers to an eighth place finish at the University of Minnesota's Roy Griak Invitational. Bristow placed 17th overall finishing the eight-kilometer course in a time of 26:03. The Pipers placed the highest out of any MIAC team in the competition that saw teams from Div. II and III as well as Canada.

## Tony Hoff, St. Olaf

Week of: 2005-09-21

St. Olaf College junior Tony Hoff (Stillwater, Minn./Mahtomedi) claimed the individual crown at the St. Olaf Invitational in a time of 26:12. He led the Oles men's team to a sixth place finish in the meet at Northfield. Hoff's win marked the second straight for an Ole. Last season, Malcom Richards won the crown.